



### Scientific Programme

FRIDAY 25 OCTOBER: BOUTIQUE WORKSHOP BMRI BUILDING, TYGERBERG CAMPUS, UNIVERSITY OF STELLENBOSCH		
08:30 – 09:00	Registration	
09:00 – 09:15	Welcome	Gwen Morgan
09:15 – 09:45	<i>Lecture: Safety in Regional Anaesthesia</i>	Jake Hutchins
09:45 – 10:45	Workshop Rotation 1	
10:45 – 11:15	Tea	
11:15 – 12:15	Workshop rotation 2	
12:15 – 13:15	Workshop rotation 3	
13:15 – 14:00	Lunch	
14:00 – 15:00	Workshop rotation 4	
15:00 – 15:45	Workshop rotation 5	
15:45 – 16:00	Closing	
FRIDAY 25 OCTOBER: FACILITATOR DEVELOPMENT BMRI BUILDING, TYGERBERG CAMPUS, UNIVERSITY OF STELLENBOSCH		
16:00 – 18:30	Train the Trainers workshop (by invitation)	
19:00 – 22:00	Faculty dinner (by invitation): The Terrace, d'Aria Winery	
SATURDAY 26 OCTOBER: MAIN CONGRESS DAY 1 EDUCATION BUILDING, TYGERBERG CAMPUS, UNIVERSITY OF STELLENBOSCH		
07:30 – 08:00	Registration	
08:00 – 08:15	Welcome	Gwen Morgan
08:15 – 09:45	<i>Session 1: Thinking out the Box</i>	Chair: Nadine Venter
08:15 – 08:35	Regional anaesthesia for fast-track day case surgery	Sandy Kopp
08:35 – 08:55	Regional anaesthesia when your back's against the wall	Bojan Korda

08:55 – 09:15	Chemical tourniquet	André Theron
09:15 – 09:35	Efficacy of regional anaesthesia in major joint arthroplasty	Becky Johnson
09:35 – 09:45	Panel discussion	
09:45 – 10:15	SASRA AGM	
10:15 – 10:45	Tea	
10:45 – 12:15	<i>Session 2: Beyond the operating theatre</i>	Chair: André Theron
10:45 – 11:05	Regional anaesthesia in pre-hospital emergency care	Iryna Rybinkina
11:05 – 11:25	Pain Management for patients with combat-related injuries: Feofaniya hospital protocol	Andrii Strokan
11:25 – 11:45	What's hot in POCUS	Nadia Hernandez
11:45 – 12:05	Regional anaesthesia in ICU	Morné Wolmarans
12:05 – 12:15	Panel Discussion	
12:15 – 13:00	Lunch	
13:00 – 13:45	Workshop rotation 1	
13:45 – 14:30	Workshop rotation 2	
14:30 – 15:15	Workshop rotation 3	
15:15 – 15:45	Tea	
15:45 – 16:30	Workshop rotation 4	
16:30 – 17:15	Workshop rotation 5	
17:15 – 17:30	Closing Day 1	
19:00 – 23:00	Congress Dinner: La Romantica, Meerendale Wine Estate	

*\* Workshop facilitators: Kris Abbas, Chris Anamourlis, Jody Davids, Lauren Dougall, Maria Fourtounas, Nadia Hernandez, Jake Hutchins, Becky Johnson, Aneet Kessow, Sandy Kopp, Bojan Korda, Cobus Louw, Nondwe Mgoqo, Jerome Mogorosi, Ulla Plenge, Arthur Polela, Celeste Quan, Francois Retief, Iryna Rybinkina, Charlé Steyl, Andrii Strokan, Carien Strydom, Morné Wolmarans*

*\*\* Assistant facilitators: Marnus Booyens,, Siphwe Chauke-Madonsela, Guido Ferreira, Bronwyn Roopnarian, Abongile Sukwana*

SUNDAY 27 OCTOBER, MAIN CONGRESS DAY 2 BMRI BUILDING, TYGERBERG CAMPUS, UNIVERSITY OF STELLENBOSCH		
08:00 – 08:20	Registration	
08:20 – 09:40	<i>Session 3: Ethics</i>	Chair: André Theron
08:20 – 09:20	Ethics Breakfast	Ryan Davids
09:20 – 09:40	Is ultrasound the new stethoscope?	Kris Abbas

09:40 – 09:50	Comfort Break				
<i>Session 4: Things I wish I had been told</i> Chair: Nadine Venter		<i>POCUS Workshop</i> Facilitators: Kris Abbas, Nadia Hernandez, Jake Hutchins, Bojan Korda Chair: André Theron		<i>Mock EDRA Part 2</i> Facilitator: Morné Wolmarans Chair: Gwen Morgan	
09:50 – 10:10	Approach to the difficult spinal: Nondwe Mgoqo	09:50 – 10:25	Workshop rotation 1	09:50 – 11:00	Mock EDRA Part 2
10:10 – 10:30	Worth the Read – practice-changing a Regional Anaesthesia & Acute Pain Medicine Articles: Becky Johnson				
10:30 – 10:50	Regional anaesthesia in the setting of pre-existing neurological conditions: Sandy Kopp	10:25 – 11:00	Workshop rotation 2		
10:50 – 11:00	Panel discussion				
11:00 – 11:20	Tea	11:00 – 11:35	Workshop rotation 3	Tea	
<i>Session 5: The Last Word</i> Chair: Gwen Morgan					
11:20 – 11:40	Regional Anaesthesia Training: Iryna Rybinkina				
11:40 – 12:00	The final word: Morné Wolmarans	11:35 – 12:10	Workshop rotation 4		
12:00 – 12:15	Closing	12:10 – 12:15	Closing		